Older adults in Western Australia

Older West Australians are a diverse group, with different ages, socioeconomic backgrounds, life experiences and lifestyles. These factors influence healthy ageing. Healthy ageing is "the process of developing and maintaining the functional ability that enables wellbeing in older age." Functional ability is determined by the interaction between an individual's physical and mental capacity, and the physical, social and political environments in which they live.2

This infographic presents some of the key data relevant to older adults (aged 60 years and over) in Western Australia. In 2016, there were 478,187 older adults living in WA. Information relating to older adults is presented in the inner circle, the home and other factors close to the family which may influence older adults is presented in the middle circle; and external factors related to place which can influence older adults is presented in the outer circle.3

Four key areas have been identified which influence or be influenced by the interplay of each of the factors presented in the circle. These include Relationships; Education and training; Material wellbeing; and Wellbeing and health.

### Relationships

- **Social support**
  - Almost 15% of older adults reported belonging to at least one group or association such as church or social groups. Almost 40% reported belonging to group of any kind.

- **Volunteering**
  - Almost 20% of older adults completed voluntary work for an organisation or group.

- **Educational qualifications**
  - High school education had completed Year 10 or equivalent.

### Education

- **Home**
  - Almost 15% of older adults had a high school education.
  - Male: 60,899
  - Female: 70,735

### Material wellbeing

- **Priority areas**
  - Access to appropriate transport options
  - Economic Employment opportunities
  - Housing
  - Outdoor spaces
  - Safety
  - Structures & services accessible to and inclusive of older adults with varying needs and capacities

### Wellbeing and health

- **Health and activities**
  - Prevent falls and injury Promote health and wellbeing

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**Older adults 60 years & over 478,187**

- **Age**
  - Male: 242,890
  - Female: 235,297

- **Country of birth**
  - Aboriginal adults 60+yrs 15%
  - Other countries of birth 44% 190,170

- **Gender**
  - Male: 121,972
  - Female: 127,215

- **Unemployment**
  - 2% 13,342

- **Education and training**
  - Further education & training 30% 133,620

- **Employment**
  - Male: 56,151
  - Female: 47,229

- **Income**
  - Full-time income 45% 5,007

- **Housing**
  - Mortgaged homes: 156,085

- **Homelessness**
  - 1% 5,083

- **Homes rented**
  - 13,625

- **Injury**
  - Falls: 9,779

- **Unpaid care**
  - Grandchildren: 3,243

- **Priority areas**
  - Civic participation
  - Lifelong learning

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**2016-17**

- **Healthcare spending**
  - WA Government was recognised by the World Health Organization as an affiliate member of its Global Network of Age-friendly Cities and Communities.

- **Insurance**
  - 13% 62,585
  - Certificate

- **Physical activity**
  - Less than half of older adults in WA were active or very active.

- **Religion**
  - Male: 31,123
  - Female: 33,356

- **Total population**
  - 377,255

- **Wellbeing and health**
  - Active, ageing population
  - Healthy, active, ageing population
  - Prevent falls and injury

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**2016**

- **Education**
  - Male: 33,359
  - Female: 33,356

- **Employment**
  - Male: 2,037
  - Female: 2,037

- **Income**
  - Male: 2,037
  - Female: 2,037

- **Unemployment**
  - Male: 2,037
  - Female: 2,037

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**2015-16**

- **Home & Community Care**
  - In 2015-16, there were 74,154 recipients of HACC support in WA. The highest proportion of HACC care recipients were age 75-84yrs (52%), followed by those age 65-74yrs age group (19%).

- **Types of support included**
  - Domestic assistance; transport; home maintenance; social support; nursing care; centre-based day care; and personal care

- **Access to resources**
  - 9% 24,753

- **Indicators of poverty**
  - Male: 2,037
  - Female: 2,037

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**2014**

- **Homelessness**
  - In 2014, 1% of adults (60yrs+) were still involved in the workforce.

- **Education**
  - Male: 1,764
  - Female: 1,764

- **Employment**
  - Male: 2,037
  - Female: 2,037

- **Income**
  - Male: 2,037
  - Female: 2,037

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**2013**

- **Homelessness**
  - In 2013, 1% of adults (60yrs+) were still involved in the workforce.

- **Education**
  - Male: 1,764
  - Female: 1,764

- **Employment**
  - Male: 2,037
  - Female: 2,037

- **Income**
  - Male: 2,037
  - Female: 2,037

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**2012**

- **Homelessness**
  - In 2012, 1% of adults (60yrs+) were still involved in the workforce.

- **Education**
  - Male: 1,764
  - Female: 1,764

- **Employment**
  - Male: 2,037
  - Female: 2,037

- **Income**
  - Male: 2,037
  - Female: 2,037

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**2011**

- **Homelessness**
  - In 2011, 1% of adults (60yrs+) were still involved in the workforce.

- **Education**
  - Male: 1,764
  - Female: 1,764

- **Employment**
  - Male: 2,037
  - Female: 2,037

- **Income**
  - Male: 2,037
  - Female: 2,037

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**2010**

- **Homelessness**
  - In 2010, 1% of adults (60yrs+) were still involved in the workforce.

- **Education**
  - Male: 1,764
  - Female: 1,764

- **Employment**
  - Male: 2,037
  - Female: 2,037

- **Income**
  - Male: 2,037
  - Female: 2,037
References

Introduction

Person

Home

Place